

Prueba 12  
22/11/2025

Fem., 200m Libre

Absoluto Femenino  
Resultados

Puntos: AQUA 2025

Clasificación	AN		Tiempo	Pts
1. SOSA HERNANDEZ, Andrea Esther	04	C.N. Martianeze Coral Hotels	<b>2:12.59</b>	
50m: 31.41 31.41 100m: 1:04.78		33.37 150m: 1:38.49 33.71	200m: 2:12.59	34.10
2. EXPOSITO AFONSO, Maria	02	C.N. Teneteide	<b>2:13.69</b>	
50m: 31.83 31.83 100m: 1:05.44		33.61 150m: 1:39.85 34.41	200m: 2:13.69	33.84
3. GUADALUPE NEGRIN, Yumalai	08	C.N. Teneteide	<b>2:14.43</b>	
50m: 31.32 31.32 100m: 1:04.76		33.44 150m: 1:38.58 33.82	200m: 2:14.43	35.85
4. DUQUE BROUARD, Elena	10	C.B. Dominicas Vistabella	<b>2:14.51</b>	
50m: 31.60 31.60 100m: 1:05.11		33.51 150m: 1:39.81 34.70	200m: 2:14.51	34.70
5. ORTEGA GUTIERREZ, Eugenia	11	C.B. Dominicas Vistabella	<b>2:19.31</b>	
50m: 31.86 31.86 100m: 1:06.45		34.59 150m: 1:42.63 36.18	200m: 2:19.31	36.68
6. DOBLE AFONSO, Elisa	00	R.C. Naut. Tenerife	<b>2:20.60</b>	
50m: 31.72 31.72 100m: 1:06.65		34.93 150m: 1:43.43 36.78	200m: 2:20.60	37.17
7. SAIZ PEREZ, Mar	08	C.N. Los Cristianos	<b>2:24.74</b>	
50m: 33.16 33.16 100m: 1:09.33		36.17 150m: 1:46.41 37.08	200m: 2:24.74	38.33
8. DIAZ SUAREZ, Mariela	03	A.D. Santa Cruz	<b>2:28.29</b>	
50m: 34.19 34.19 100m: 1:11.17		36.98 150m: 1:49.71 38.54	200m: 2:28.29	38.58
9. PUIG CURBELO, Bella	14	C.D. N. Bentacu-Laguna	<b>2:29.68</b>	
50m: 33.49 33.49 100m: 1:11.70		38.21 150m: 1:51.07 39.37	200m: 2:29.68	38.61
10. CALZADILLA SOCAS, Rebeca	08	C.D. N. Bentacu-Laguna	<b>2:30.46</b>	
50m: 33.65 33.65 100m: 1:11.43		37.78 150m: 1:50.92 39.49	200m: 2:30.46	39.54
11. MARTIN GOYA, Aurea	11	C.N. Martianeze Coral Hotels	<b>2:33.66</b>	
50m: 34.45 34.45 100m: 1:12.38		37.93 150m: 1:52.71 40.33	200m: 2:33.66	40.95
12. DELGADO BARDON, Alicia	07	R.C. Naut. Tenerife	<b>2:33.71</b>	
50m: 34.71 34.71 100m: 1:13.22		38.51 150m: 1:53.81 40.59	200m: 2:33.71	39.90
13. PERALES SILVA, Leire	13	C.N. Los Cristianos	<b>2:35.57</b>	
50m: 35.89 35.89 100m: 1:15.97		40.08 150m: 1:56.64 40.67	200m: 2:35.57	38.93
14. FALCON DOMINGUEZ, Elisa	12	A.D. Santa Cruz	<b>3:01.81</b>	
50m: 38.58 38.58 100m: 1:24.47		45.89 150m: 2:15.17 50.70	200m: 3:01.81	46.64
15. PEREZ MARTIN, Claudia	11	C.N. Reales	<b>3:03.11</b>	
50m: 40.23 40.23 100m: 1:27.31		47.08 150m: 2:15.76 48.45	200m: 3:03.11	47.35
16. PEREZ MARTIN, Paula	09	C.N. Reales	<b>3:07.08</b>	
50m: 42.08 42.08 100m: 1:30.01		47.93 150m: 2:19.11 49.10	200m: 3:07.08	47.97

Prueba 13  
22/11/2025

Masc., 400m Estilos

Absoluto Masculino  
Resultados

Puntos: AQUA 2025

Clasificación	AN		Tiempo	Pts
1. RAMOS DELGADO, Ricardo	07	C.N. Martianeze Coral Hotels	<b>4:48.10</b>	
50m: 30.56 30.56 150m: 1:40.95		35.59 250m: 2:59.63 43.75	350m: 4:17.31	33.06
100m: 1:05.36 34.80 200m: 2:15.88		34.93 300m: 3:44.25 44.62	400m: 4:48.10	30.79
2. CAPLLONCH DE UÑA, Ismael	07	R.C. Naut. Tenerife	<b>4:48.45</b>	
50m: 29.74 29.74 150m: 1:44.49		40.77 250m: 3:06.11 41.17	350m: 4:19.14	31.19
100m: 1:03.72 33.98 200m: 2:24.94		40.45 300m: 3:47.95 41.84	400m: 4:48.45	29.31
3. SANCHEZ FERNANDEZ, Gregory	09	C.N. Los Cristianos	<b>4:50.68</b>	
50m: 30.41 30.41 150m: 1:44.78		38.36 250m: 3:01.54 39.32	350m: 4:17.34	34.97
100m: 1:06.42 36.01 200m: 2:22.22		37.44 300m: 3:42.37 40.83	400m: 4:50.68	33.34

Prueba 13, Masc., 400m Estilos, Absoluto Masculino

Clasificación	AN		Tiempo	Pts
4. RAMOS DELGADO, Gabriel	05	C.N. Martianez Coral Hotels	<b>4:51.00</b>	
50m: 32.09 32.09 150m: 1:48.28 38.05 250m: 3:07.68 42.19 350m: 4:21.44 32.09				
100m: 1:10.23 38.14 200m: 2:25.49 37.21 300m: 3:49.35 41.67 400m: 4:51.00 29.56				
5. IZAGUIRRE NESSI, Anthony Xavier	11	C.D. N. Bentacu-Laguna	<b>4:59.03</b>	
50m: 30.07 30.07 150m: 1:46.29 40.20 250m: 3:08.55 42.72 350m: 4:27.10 34.82				
100m: 1:06.09 36.02 200m: 2:25.83 39.54 300m: 3:52.28 43.73 400m: 4:59.03 31.93				
6. DUQUE BROUARD, Daniel	08	C.B. Dominicas Vistabella	<b>4:59.60</b>	
50m: 30.82 30.82 150m: 1:42.09 36.93 250m: 3:04.87 45.03 350m: 4:24.43 34.31				
100m: 1:05.16 34.34 200m: 2:19.84 37.75 300m: 3:50.12 45.25 400m: 4:59.60 35.17				
7. RODRIGUEZ DIAZ, Javier	08	C.N. Teneteide	<b>5:00.77</b>	
50m: 29.91 29.91 150m: 1:43.26 38.63 250m: 3:07.29 45.81 350m: 4:27.24 35.02				
100m: 1:04.63 34.72 200m: 2:21.48 38.22 300m: 3:52.22 44.93 400m: 5:00.77 33.53				
8. NAVARRO ALONSO, Mark	12	C.N. Teneteide	<b>5:02.59</b>	
50m: 29.57 29.57 150m: 1:42.47 38.39 250m: 3:06.10 47.01 350m: 4:28.68 36.15				
100m: 1:04.08 34.51 200m: 2:19.09 36.62 300m: 3:52.53 46.43 400m: 5:02.59 33.91				
9. LECUONA GIL-ROLDAN, Raul	86	A.D. Santa Cruz	<b>5:04.71</b>	
50m: 32.58 32.58 150m: 1:47.07 37.90 250m: 3:09.65 45.21 350m: 4:29.70 35.14				
100m: 1:09.17 36.59 200m: 2:24.44 37.37 300m: 3:54.56 44.91 400m: 5:04.71 35.01				
10. DUPUY ESTEVEZ, Lucas	11	C.D. N. Bentacu-Laguna	<b>5:06.76</b>	
50m: 31.36 31.36 150m: 1:53.73 43.55 250m: 3:16.59 41.38 350m: 4:33.87 32.85				
100m: 1:10.18 38.82 200m: 2:35.21 41.48 300m: 4:01.02 44.43 400m: 5:06.76 32.89				
11. SUROV ROMANOV, Georgii	11	A.D. Santa Cruz	<b>5:19.36</b>	
50m: 31.37 31.37 150m: 1:52.82 43.37 250m: 3:20.74 45.12 350m: 4:43.73 36.18				
100m: 1:09.45 38.08 200m: 2:35.62 42.80 300m: 4:07.55 46.81 400m: 5:19.36 35.63				
12. VEGA RODRIGUEZ, Javier	08	C.B. Dominicas Vistabella	<b>5:24.34</b>	
50m: 32.27 32.27 150m: 1:57.13 43.10 250m: 3:21.06 41.88 350m: 4:45.40 38.77				
100m: 1:14.03 41.76 200m: 2:39.18 42.05 300m: 4:06.63 45.57 400m: 5:24.34 38.94				
13. MEDINA MARIN, Nicolas	12	R.C. Naut. Tenerife	<b>6:40.13</b>	
50m: 42.14 42.14 150m: 2:24.10 51.52 250m: 5:13.02 350m: 6:40.13				
100m: 1:32.58 50.44 200m: 3:14.62 50.52 300m: 5:13.02 400m: 6:40.13				
DSQ GORRIN ROBERTS, Alec	11	C.N. Los Cristianos		
<i>DNI - Desc Nado Irregular</i>				

Prueba 14  
22/11/2025

Fem., 50m Mariposa

Absoluto Femenino  
Resultados

Puntos: AQUA 2025

Clasificación	AN		Tiempo	Pts
1. LAMBERTO GARCIA, Ana Maria	02	C.N. Teneteide	<b>29.92</b>	
2. WOLGESCHAFFEN FERNANDEZ, Sofi	06	C.N. Martianez Coral Hotels	<b>30.59</b>	
3. VICTORES DOMINGUEZ, Maria Carla	08	C.N. Los Cristianos	<b>30.77</b>	
4. ARBELO ESTEVEZ, Patricia	11	C.N. Teneteide	<b>30.82</b>	
5. HERNANDEZ ALMENARA, Nerea	07	C.D. N. Bentacu-Laguna	<b>30.88</b>	
6. RODRIGUEZ COLMENARES, Bella Sofi	09	C.N. Los Cristianos	<b>30.93</b>	
7. HERNANDEZ SANCHEZ, Lara	02	A.D. Santa Cruz	<b>30.99</b>	
8. UHEROVA DIAZ-MASA, Carmen	12	C.D. N. Bentacu-Laguna	<b>33.91</b>	
9. FERNANDEZ AGUIRRE, Lola	12	A.D. Santa Cruz	<b>34.21</b>	
10. DIAZ PEREZ, Ainara	09	C.N. Martianez Coral Hotels	<b>34.55</b>	
11. LIMA MUJICA, Nicole Adriana	10	C.B. Dominicas Vistabella	<b>35.81</b>	
12. IBAÑEZ MARTINEZ, Beatriz	12	R.C. Naut. Tenerife	<b>37.38</b>	
13. GONZALEZ RODRIGUEZ, Leyre Maria	10	C.B. Dominicas Vistabella	<b>37.47</b>	
14. VARELA MESA, Ines	08	R.C. Naut. Tenerife	<b>42.03</b>	
15. PEREZ MARTIN, Paula	09	C.N. Reales	<b>50.11</b>	

Prueba 14, Fem., 50m Mariposa, Absoluto Femenino

Clasificación	AN	Tiempo	Pts
16. PEREZ MARTIN, Claudia	11 C.N. Reales	<b>50.26</b>	

Prueba 15  
22/11/2025

Masc., 50m Mariposa

Absoluto Masculino  
Resultados

Puntos: AQUA 2025

Clasificación	AN	Tiempo	Pts
1. MAUDES DOMENECH, Daniel	05 C.N. Teneteide	<b>25.72</b>	
2. RIVEROL HERNANDEZ, Miguel Alonso	08 C.N. Teneteide	<b>26.40</b>	
3. QUIJADA PEREZ, Saul Alejandro	10 C.D. N. Bentacu-Laguna	<b>26.57</b>	
4. PEREZ KANDRATOVICH, Lenin Raul	08 C.N. Los Cristianos	<b>26.95</b>	
5. MERINO MONTES DE OCA, Alvaro	01 A.D. Santa Cruz	<b>27.11</b>	
6. GONZALEZ BAIK, Angel Nuri	04 C.D. N. Bentacu-Laguna	<b>27.29</b>	
7. GARCIA LOPEZ, Javier	99 A.D. Santa Cruz	<b>27.66</b>	
8. PERALES SILVA, Francisco	09 C.N. Los Cristianos	<b>28.01</b>	
9. MUÑOZ DEL CASTILLO ARÁNEGA, Alfonso	09 C.B. Dominicas Vistabella	<b>29.19</b>	
10. NASSEREDDINE MESA, Nash	09 C.B. Dominicas Vistabella	<b>29.86</b>	
11. VIDARTE BOROWIECKI, Eneko	10 R.C. Naut. Tenerife	<b>33.83</b>	
12. RODRIGUEZ ESTELLE, Guillermo	11 C.N. Martianeze Coral Hotels	<b>34.24</b>	
13. PEREZ MARIN, Mateo	09 R.C. Naut. Tenerife	<b>34.35</b>	
DSQ HOLZENDORF DIONIS, Thomas	97 C.N. Martianeze Coral Hotels		
<i>DNI - Desc Nado Irregular</i>			

Prueba 16  
22/11/2025

Fem., 200m Braza

Absoluto Femenino  
Resultados

Puntos: AQUA 2025

Clasificación	AN	Tiempo	Pts
1. FERNANDEZ VIEIRA, Carolina	08 C.N. Teneteide	<b>2:47.63</b>	
50m: 40.56 40.56 100m: 1:23.71 43.15 150m: 2:06.81 43.10 200m: 2:47.63			40.82
2. BASILI, Eleonora	06 C.N. Teneteide	<b>2:48.72</b>	
50m: 40.05 40.05 100m: 1:23.20 43.15 150m: 2:06.09 42.89 200m: 2:48.72			42.63
3. CALVICHE FERNANDEZ, Nazaret	87 A.D. Santa Cruz	<b>2:51.42</b>	
50m: 41.12 41.12 100m: 1:25.12 44.00 150m: 2:08.74 43.62 200m: 2:51.42			42.68
4. IZAGUIRRE NESSI, Kassandra Isabel	08 C.D. N. Bentacu-Laguna	<b>2:55.44</b>	
50m: 39.82 39.82 100m: 1:24.62 44.80 150m: 2:09.53 44.91 200m: 2:55.44			45.91
5. FRANCOS PINEDA, Carlota	05 C.N. Martianeze Coral Hotels	<b>2:56.29</b>	
50m: 40.97 40.97 100m: 1:26.23 45.26 150m: 2:12.10 45.87 200m: 2:56.29			44.19
6. GONZALEZ QUINTANA, Valeria	08 C.B. Dominicas Vistabella	<b>2:57.05</b>	
50m: 39.42 39.42 100m: 1:23.54 44.12 150m: 2:09.59 46.05 200m: 2:57.05			47.46
7. PIÑERO STEGENSEK, Elisa	08 C.B. Dominicas Vistabella	<b>2:57.88</b>	
50m: 39.63 39.63 100m: 1:25.44 45.81 150m: 2:12.78 47.34 200m: 2:57.88			45.10
8. CABRERA SUAREZ, Julia	09 A.D. Santa Cruz	<b>3:01.28</b>	
50m: 41.07 41.07 100m: 1:26.54 45.47 150m: 2:13.49 46.95 200m: 3:01.28			47.79
9. MOURE GAO, Natalia	11 C.N. Los Cristianos	<b>3:01.30</b>	
50m: 40.45 40.45 100m: 1:26.72 46.27 150m: 2:15.33 48.61 200m: 3:01.30			45.97
10. DOBLE AFONSO, Elisa	00 R.C. Naut. Tenerife	<b>3:10.68</b>	
50m: 41.33 41.33 100m: 1:28.72 47.39 150m: 2:19.13 50.41 200m: 3:10.68			51.55
11. CALZADILLA SOCAS, Silvia	12 C.D. N. Bentacu-Laguna	<b>3:11.30</b>	
50m: 42.16 42.16 100m: 1:29.86 47.70 150m: 2:21.74 51.88 200m: 3:11.30			49.56

Prueba 16, Fem., 200m Braza, Absoluto Femenino

Clasificación	AN	Tiempo	Pts
12. GONZALEZ ALONSO, Silvia	12 R.C. Naut. Tenerife	<b>3:21.87</b>	
50m: 45.03 45.03 100m: 1:35.81 50.78 150m: 2:30.26 54.45 200m: 3:21.87			51.61
13. HIMPENS, Fien	14 C.N. Los Cristianos	<b>3:34.69</b>	
50m: 45.46 45.46 100m: 1:40.70 55.24 150m: 2:37.28 56.58 200m: 3:34.69			57.41
14. HERNANDEZ GONZALEZ, Lydia	12 C.N. Reales	<b>3:42.70</b>	
50m: 49.19 49.19 100m: 1:45.99 56.80 150m: 2:43.94 57.95 200m: 3:42.70			58.76
15. ALLO LEON, Isora	12 C.N. Reales	<b>4:18.01</b>	
50m: 56.54 56.54 100m: 2:03.28 1:06.74 150m: 3:11.46 1:08.18 200m: 4:18.01			1:06.55
DSQ DIAZ PEREZ, Leyla	13 C.N. Martianeze Coral Hotels		
<i>DSA - Desc Salida Anticipada</i>			

Prueba 17  
22/11/2025

Masc., 200m Braza

Absoluto Masculino  
Resultados

Puntos: AQUA 2025

Clasificación	AN	Tiempo	Pts
1. KHILKO, Sergiy	86 R.C. Naut. Tenerife	<b>2:24.68</b>	
50m: 32.92 32.92 100m: 1:09.84 36.92 150m: 1:47.52 37.68 200m: 2:24.68			37.16
2. RAVELO SUAREZ, Antonio Jesus	09 C.B. Dominicas Vistabella	<b>2:27.79</b>	
50m: 34.54 34.54 100m: 1:11.90 37.36 150m: 1:49.42 37.52 200m: 2:27.79			38.37
3. AFONSO SUAREZ, Ivan	96 C.N. Los Cristianos	<b>2:27.97</b>	
50m: 34.49 34.49 100m: 1:10.78 36.29 150m: 1:49.41 38.63 200m: 2:27.97			38.56
4. AFANASEV, Vadim	03 A.D. Santa Cruz	<b>2:29.14</b>	
50m: 33.40 33.40 100m: 1:11.87 38.47 150m: 1:50.75 38.88 200m: 2:29.14			38.39
5. SEGARRA SANMARTIN, Jorge	99 C.N. Teneteide	<b>2:31.01</b>	
50m: 34.21 34.21 100m: 1:13.13 38.92 150m: 1:51.72 38.59 200m: 2:31.01			39.29
6. BORGIS, Rons	10 C.N. Teneteide	<b>2:36.87</b>	
50m: 34.83 34.83 100m: 1:15.05 40.22 150m: 1:55.96 40.91 200m: 2:36.87			40.91
7. ORTEGA GUTIERREZ, Manuel	08 C.B. Dominicas Vistabella	<b>2:37.06</b>	
50m: 35.19 35.19 100m: 1:15.20 40.01 150m: 1:57.13 41.93 200m: 2:37.06			39.93
8. CERES, Inti	05 A.D. Santa Cruz	<b>2:37.24</b>	
50m: 36.29 36.29 100m: 1:16.97 40.68 150m: 1:57.17 40.20 200m: 2:37.24			40.07
9. GONZALEZ SUAREZ, Ivan	92 C.N. Martianeze Coral Hotels	<b>2:47.81</b>	
50m: 38.50 38.50 100m: 1:22.35 43.85 150m: 2:06.34 43.99 200m: 2:47.81			41.47
10. GARCIA DE LA ROSA, Darien	11 C.D. N. Bentacu-Laguna	<b>2:51.32</b>	
50m: 39.23 39.23 100m: 1:21.65 42.42 150m: 2:07.23 45.58 200m: 2:51.32			44.09
11. GUTIERREZ MARTIN, Abrahan	10 C.N. Los Cristianos	<b>2:55.60</b>	
50m: 39.69 39.69 100m: 1:25.28 45.59 150m: 2:10.83 45.55 200m: 2:55.60			44.77
12. RODRIGUEZ NAVARRO, Hugo	09 R.C. Naut. Tenerife	<b>2:58.53</b>	
50m: 39.06 39.06 100m: 1:22.93 43.87 150m: 2:08.88 45.95 200m: 2:58.53			49.65
13. BRAVO CENTRELLA, Alessandro Migu	09 C.D. N. Bentacu-Laguna	<b>3:03.86</b>	
50m: 39.35 39.35 100m: 1:25.36 46.01 150m: 2:15.57 50.21 200m: 3:03.86			48.29
14. RODRIGUEZ ESTELLE, Guillermo	11 C.N. Martianeze Coral Hotels	<b>3:27.61</b>	
50m: 44.18 44.18 100m: 1:37.18 53.00 150m: 2:32.99 55.81 200m: 3:27.61			54.62
DSQ ALLO LEON, Mario	14 C.N. Reales		
<i>DVI - Desc Viraje Irregular</i>			

Prueba 18  
22/11/2025

Fem., 100m Espalda

Absoluto Femenino  
Resultados

Puntos: AQUA 2025

Clasificación	AN				Tiempo	Pts
1. PORRERO MARTIN, Lucia	08	C.N. Teneteide			<b>1:06.67</b>	
50m: 31.73 31.73	100m: 1:06.67	34.94				
2. MORENO ARMAS, Ainara	07	C.N. Teneteide			<b>1:09.49</b>	
50m: 32.49 32.49	100m: 1:09.49	37.00				
3. DIAZ DE LOSADA BUJAN, Silvia	12	R.C. Naut. Tenerife			<b>1:11.55</b>	
50m: 33.94 33.94	100m: 1:11.55	37.61				
4. RODRIGUEZ FERRERA, Diana	12	C.D. N. Bentacu-Laguna			<b>1:15.50</b>	
50m: 36.04 36.04	100m: 1:15.50	39.46				
5. ANGULO FALCON, Cristina	06	C.N. Martianez Coral Hotels			<b>1:16.54</b>	
50m: 37.05 37.05	100m: 1:16.54	39.49				
6. LAVANDERA ALTESOR, Josefina	10	C.N. Los Cristianos			<b>1:16.64</b>	
50m: 37.39 37.39	100m: 1:16.64	39.25				
7. CASTRO ADRIAN, Michelle	02	A.D. Santa Cruz			<b>1:17.24</b>	
50m: 37.64 37.64	100m: 1:17.24	39.60				
8. UHEROVA DIAZ MASA, Ivana	14	C.D. N. Bentacu-Laguna			<b>1:18.12</b>	
50m: 38.05 38.05	100m: 1:18.12	40.07				
9. GONZALEZ GUILLEN, Daniela	07	C.N. Martianez Coral Hotels			<b>1:18.82</b>	
50m: 38.78 38.78	100m: 1:18.82	40.04				
10. ASCANIO ROQUE, Miriam De Los Angeles	03s	A.D. Santa Cruz			<b>1:28.69</b>	
50m: 40.96 40.96	100m: 1:28.69	47.73				
11. DODI, Sophie	14	C.N. Los Cristianos			<b>1:31.30</b>	
50m: 43.66 43.66	100m: 1:31.30	47.64				
12. HERNANDEZ GONZALEZ, Lydia	12	C.N. Reales			<b>1:36.52</b>	
50m: 46.85 46.85	100m: 1:36.52	49.67				
13. REDONDO CORREA, Claudia	07	R.C. Naut. Tenerife			<b>1:39.77</b>	
50m: 48.09 48.09	100m: 1:39.77	51.68				
14. ALLO LEON, Isora	12	C.N. Reales			<b>1:56.84</b>	
50m: 55.04 55.04	100m: 1:56.84	1:01.80				

Prueba 19  
22/11/2025

Masc., 100m Espalda

Absoluto Masculino  
Resultados

Puntos: AQUA 2025

Clasificación	AN				Tiempo	Pts
1. PRIETO RODRIGUEZ, Daniel	00	A.D. Santa Cruz			<b>58.86</b>	
50m: 28.57 28.57	100m: 58.86	30.29				
2. BELAMENDIA COTORRUELO, Gerald	07	C.N. Teneteide			<b>1:00.35</b>	
50m: 28.56 28.56	100m: 1:00.35	31.79				
3. PORRERO MARTIN, Jorge	07	C.N. Teneteide			<b>1:00.39</b>	
50m: 29.29 29.29	100m: 1:00.39	31.10				
4. MARTIN GARCIA, Mario	04	C.N. Martianez Coral Hotels			<b>1:00.61</b>	
50m: 29.27 29.27	100m: 1:00.61	31.34				
5. TALLO PEREZ, Bruno	10	R.C. Naut. Tenerife			<b>1:02.97</b>	
50m: 30.61 30.61	100m: 1:02.97	32.36				
6. DAVARA MENDEZ, Fernando	72	R.C. Naut. Tenerife			<b>1:03.04</b>	
50m: 30.86 30.86	100m: 1:03.04	32.18				

Prueba 19, Masc., 100m Espalda, Absoluto Masculino

Clasificación	AN		Tiempo	Pts
7. MORENO ALVAREZ, Alexis	08	C.B. Dominicas Vistabella	<b>1:03.28</b>	
50m: 30.63 30.63 100m: 1:03.28		32.65		
8. TAVIO MEDINA, Emilio Jose	02	A.D. Santa Cruz	<b>1:03.69</b>	
50m: 30.48 30.48 100m: 1:03.69		33.21		
9. KEY RAMIREZ, Octavio Jose	10	C.D. N. Bentacu-Laguna	<b>1:04.17</b>	
50m: 30.98 30.98 100m: 1:04.17		33.19		
10. AMATI, Nicolo	10	C.N. Los Cristianos	<b>1:04.98</b>	
50m: 31.24 31.24 100m: 1:04.98		33.74		
11. ESTEVEZ GALVEZ, Carlos	08	C.B. Dominicas Vistabella	<b>1:05.95</b>	
50m: 31.02 31.02 100m: 1:05.95		34.93		
12. ESPIRITU ONOZA, Zivon Owen	11	C.D. N. Bentacu-Laguna	<b>1:06.87</b>	
50m: 32.19 32.19 100m: 1:06.87		34.68		
13. CABALLERO RODRIGUEZ, Joel	09	C.N. Los Cristianos	<b>1:17.95</b>	
50m: 37.81 37.81 100m: 1:17.95		40.14		
14. CASTAÑEDA QUINTERO, Juan	12	C.N. Martianez Coral Hotels	<b>1:21.36</b>	
50m: 39.29 39.29 100m: 1:21.36		42.07		
15. ALLO LEON, Mario	14	C.N. Reales	<b>1:53.47</b>	
50m: 55.23 55.23 100m: 1:53.47		58.24		

Prueba 20  
22/11/2025

Fem., 1500m Libre

Absoluto Femenino  
Resultados

Puntos: AQUA 2025

Clasificación	AN		Tiempo	Pts
1. BASILI, Eleonora	06	C.N. Teneteide	<b>18:46.28</b>	
50m: 35.53 35.53 450m: 5:36.08 37.58 850m: 10:39.36 38.09 1250m: 15:41.00 37.58				
100m: 1:11.84 36.31 500m: 6:14.01 37.93 900m: 1:17.86 1300m: 16:18.76 37.76				
150m: 1:49.46 37.62 550m: 6:51.76 37.75 950m: 11:55.73 10:37.87 1350m: 16:57.11 38.35				
200m: 2:26.82 37.36 600m: 7:29.44 37.68 1000m: 12:32.92 37.19 1400m: 17:35.33 38.22				
250m: 3:04.60 37.78 650m: 8:07.28 37.84 1050m: 13:11.11 38.19 1450m: 18:12.45 37.12				
300m: 3:42.26 37.66 700m: 8:45.30 38.02 1100m: 13:48.60 37.49 1500m: 18:46.28 33.83				
350m: 4:20.26 38.00 750m: 9:23.04 37.74 1150m: 14:25.85 37.25				
400m: 4:58.50 38.24 800m: 10:01.27 38.23 1200m: 15:03.42 37.57				
2. SCARPA, Barbara	08	C.N. Martianez Coral Hotels	<b>18:59.54</b>	
50m: 31.99 31.99 450m: 5:32.41 38.46 850m: 10:40.79 39.10 1250m: 15:47.38 38.26				
100m: 1:07.18 35.19 500m: 6:11.19 38.78 900m: 11:19.96 39.17 1300m: 16:26.27 38.89				
150m: 1:43.95 36.77 550m: 6:49.52 38.33 950m: 11:59.29 39.33 1350m: 17:05.60 39.33				
200m: 2:21.34 37.39 600m: 7:27.88 38.36 1000m: 12:38.44 39.15 1400m: 17:44.59 38.99				
250m: 2:58.77 37.43 650m: 8:07.04 39.16 1050m: 13:16.13 37.69 1450m: 18:23.18 38.59				
300m: 3:36.92 38.15 700m: 8:45.42 38.38 1100m: 13:53.53 37.40 1500m: 18:59.54 36.36				
350m: 4:15.24 38.32 750m: 9:23.64 38.22 1150m: 14:31.04 37.51				
400m: 4:53.95 38.71 800m: 10:01.69 38.05 1200m: 15:09.12 38.08				
3. RODRIGUEZ DIAZ, Maria	11	C.N. Teneteide	<b>19:45.17</b>	
50m: 34.30 34.30 450m: 5:46.85 39.71 850m: 11:07.15 40.11 1250m: 16:27.28 40.00				
100m: 1:12.08 37.78 500m: 6:26.92 40.07 900m: 11:47.24 40.09 1300m: 17:07.46 40.18				
150m: 1:50.49 38.41 550m: 7:06.88 39.96 950m: 12:27.50 40.26 1350m: 17:47.49 40.03				
200m: 2:29.06 38.57 600m: 7:46.68 39.80 1000m: 13:07.60 40.10 1400m: 18:27.66 40.17				
250m: 3:07.96 38.90 650m: 8:26.82 40.14 1050m: 13:47.48 39.88 1450m: 19:07.81 40.15				
300m: 3:47.51 39.55 700m: 9:06.75 39.93 1100m: 14:27.55 40.07 1500m: 19:45.17 37.36				
350m: 4:27.34 39.83 750m: 9:47.04 40.29 1150m: 15:07.42 39.87				
400m: 5:07.14 39.80 800m: 10:27.04 40.00 1200m: 15:47.28 39.86				

Prueba 20, Fem., 1500m Libre, Absoluto Femenino

Clasificación	AN								Tiempo		Pts
4. ROMERO LOPEZ, Leire	10								C.N. Reales		20:39.47
50m:	35.76	35.76	450m:	6:02.24	41.34	850m:	11:35.46	42.43	1250m:	17:10.53	41.98
100m:	1:15.31	39.55	500m:	6:43.22	40.98	900m:	12:17.32	41.86	1300m:	17:53.17	42.64
150m:	1:56.11	40.80	550m:	7:24.33	41.11	950m:	12:59.78	42.46	1350m:	18:35.89	42.72
200m:	2:36.86	40.75	600m:	8:06.36	42.03	1000m:	13:42.04	42.26	1400m:	19:18.19	42.30
250m:	3:17.29	40.43	650m:	8:48.18	41.82	1050m:	14:23.76	41.72	1450m:	20:00.97	42.78
300m:	3:58.78	41.49	700m:	9:29.92	41.74	1100m:	15:05.62	41.86	1500m:	20:39.47	38.50
350m:	4:39.56	40.78	750m:	10:11.08	41.16	1150m:	15:46.94	41.32			
400m:	5:20.90	41.34	800m:	10:53.03	41.95	1200m:	16:28.55	41.61			
5. CABRERA SUAREZ, Julia	09								A.D. Santa Cruz		21:00.47
50m:	37.22	37.22	450m:	6:06.78	42.12	850m:	11:44.85	42.58	1250m:	17:26.53	43.58
100m:	1:17.90	40.68	500m:	6:48.57	41.79	900m:	12:26.06	41.21	1300m:	18:10.11	43.58
150m:	1:59.36	41.46	550m:	7:30.84	42.27	950m:	13:08.73	42.67	1350m:	18:53.44	43.33
200m:	2:39.82	40.46	600m:	8:13.29	42.45	1000m:	13:51.34	42.61	1400m:	19:36.39	42.95
250m:	3:20.57	40.75	650m:	8:55.48	42.19	1050m:	14:34.07	42.73	1450m:	20:19.68	43.29
300m:	4:01.76	41.19	700m:	9:37.92	42.44	1100m:	15:16.69	42.62	1500m:	21:00.47	40.79
350m:	4:43.30	41.54	750m:	10:20.01	42.09	1150m:	15:59.46	42.77			
400m:	5:24.66	41.36	800m:	11:02.27	42.26	1200m:	16:42.95	43.49			
6. GONZALEZ RODRIGUEZ, Leyre Maria	10								C.B. Dominicas Vistabella		21:12.97
50m:	36.72	36.72	450m:	6:11.20	42.55	850m:	11:54.75	42.87	1250m:	17:40.91	43.19
100m:	1:17.09	40.37	500m:	6:53.94	42.74	900m:	12:38.02	43.27	1300m:	18:24.32	43.41
150m:	1:58.40	41.31	550m:	7:36.73	42.79	950m:	13:21.62	43.60	1350m:	19:06.79	42.47
200m:	2:40.13	41.73	600m:	8:19.66	42.93	1000m:	14:04.62	43.00	1400m:	19:49.58	42.79
250m:	3:22.08	41.95	650m:	9:02.49	42.83	1050m:	14:47.77	43.15	1450m:	20:31.86	42.28
300m:	4:04.12	42.04	700m:	9:45.62	43.13	1100m:	15:30.86	43.09	1500m:	21:12.97	41.11
350m:	4:46.08	41.96	750m:	10:28.52	42.90	1150m:	16:14.21	43.35			
400m:	5:28.65	42.57	800m:	11:11.88	43.36	1200m:	16:57.72	43.51			
7. MENDOZA GARCIA, Alba	11								C.D. N. Bentacu-Laguna		22:12.36
50m:	37.06	37.06	450m:	6:28.13	44.95	850m:	12:27.59	45.01	1250m:	18:37.71	46.84
100m:	1:18.83	41.77	500m:	7:12.71	44.58	900m:	13:12.63	45.04	1300m:	19:23.28	45.57
150m:	2:01.87	43.04	550m:	7:57.55	44.84	950m:	13:59.12	46.49	1350m:	20:05.87	42.59
200m:	2:45.36	43.49	600m:	8:43.57	46.02	1000m:	14:45.68	46.56	1400m:	20:51.07	45.20
250m:	3:29.63	44.27	650m:	9:27.51	43.94	1050m:	15:31.51	45.83	1450m:	21:33.85	42.78
300m:	4:14.14	44.51	700m:	10:12.47	44.96	1100m:	16:17.93	46.42	1500m:	22:12.36	38.51
350m:	4:59.26	45.12	750m:	10:57.83	45.36	1150m:	17:05.42	47.49			
400m:	5:43.18	43.92	800m:	11:42.58	44.75	1200m:	17:50.87	45.45			
8. PEREZ VIDAL, Beatriz	11								C.N. Los Cristianos		22:43.55
50m:	36.83	36.83	450m:	6:42.02	46.70	850m:	12:53.40	46.24	1250m:	19:01.67	45.62
100m:	1:18.67	41.84	500m:	7:28.10	46.08	900m:	13:39.68	46.28	1300m:	19:46.98	45.31
150m:	2:02.26	43.59	550m:	8:14.83	46.73	950m:	14:25.54	45.86	1350m:	20:32.85	45.87
200m:	2:47.34	45.08	600m:	9:01.51	46.68	1000m:	15:11.59	46.05	1400m:	21:19.09	46.24
250m:	3:33.67	46.33	650m:	9:48.31	46.80	1050m:	15:58.01	46.42	1450m:	22:04.57	45.48
300m:	4:20.32	46.65	700m:	10:34.81	46.50	1100m:	16:43.78	45.77	1500m:	22:43.55	38.98
350m:	5:08.02	47.70	750m:	11:20.91	46.10	1150m:	17:29.36	45.58			
400m:	5:55.32	47.30	800m:	12:07.16	46.25	1200m:	18:16.05	46.69			

Prueba 21  
22/11/2025

Puntos: AQUA 2025

Masc., 4 x 200m Libre

Absoluto Masculino  
Resultados

Clasificación	Tiempo				Pts
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Prueba 21, Masc., 4 x 200m Libre

1.	C.N. Teneteide 1		C.N. Teneteide	<b>7:56.37</b>
	GONZALEZ NEGRIN, Ares	12	27.24 30.44	2:00.16
	RIVEROL HERNANDEZ, Miguel Alonso	08		1:57.26
	PORRERO MARTIN, Jorge	07		1:59.33
	GONZALEZ NEGRIN, Aquiles	08		1:59.62
2.	C.N. Martianeze Coral Hotels 1		C.N. Martianeze Coral Hotels	<b>8:03.14</b>
	RAMOS DELGADO, Gabriel	05	27.59 30.36	1:59.94
	RAMOS DELGADO, Ricardo	07		2:00.23
	MARTIN GARCIA, Mario	04		2:01.12
	HOLZENDORF DIONIS, Thomas	97		2:01.85
3.	C.D. N. Bentacu-Laguna 1		C.D. N. Bentacu-Laguna	<b>8:13.71</b>
	IZAGUIRRE NESSI, Anthony Xavier	11	28.30 31.49	2:07.93
	DUPUY ESTEVEZ, Lucas	11		2:02.07
	QUIJADA PEREZ, Saul Alejandro	10		2:00.70
	ESPIRITU ONOZA, Zivon Owen	11		2:03.01
4.	C.B. Dominicas Vistabella 1		C.B. Dominicas Vistabella	<b>8:15.96</b>
	DUQUE BROUARD, Daniel	08	27.69 30.06	1:59.69
	ESTEVEZ GALVEZ, Carlos	08		2:06.81
	MORENO ALVAREZ, Alexis	08		2:04.16
	RAVELO SUAREZ, Antonio Jesus	09		2:05.30
5.	A.D. Santa Cruz 1		A.D. Santa Cruz	<b>8:19.15</b>
	GARCIA LOPEZ, Javier	99	28.42 31.05	2:05.42
	PRIETO RODRIGUEZ, Daniel	00		1:58.34
	RIPPA, Francisco	00		2:07.05
	TAVIO MEDINA, Emilio Jose	02		2:08.34
6.	R.C. Naut. Tenerife 1		R.C. Naut. Tenerife	<b>8:45.25</b>
	CEDRES YANES, Eduardo	09	28.51 31.65	2:13.64
	TALLO PEREZ, Bruno	10		2:10.09
	ESTRELLA PADRON, Javier	01		2:11.82
	CAPLLONCH DE UÑA, Ismael	07		2:09.70
DSQ	C.N. Los Cristianos 1		C.N. Los Cristianos	
	<i>DSQA - Desc Posta Anticipada</i>			
	PERALES SILVA, Francisco, AMATI, Nicolo, GORRIN ROBERTS, Alec, SANCHEZ FERNANDEZ, Gregory			

Prueba 22  
22/11/2025

Fem., 4 x 100m Libre

Absoluto Femenino  
Resultados

Puntos: AQUA 2025

Clasificación

						Tiempo	Pts
1.	C.N. Teneteide 1		C.N. Teneteide	<b>3:58.73</b>			
	BASIL, Veronica	08	28.34 58.69	HERNANDEZ MARTIN, Carla	08	1:00.86	
	GUADALUPE NEGRIN, Yumalai	08	59.61	PORRERO MARTIN, Lucia	08	59.57	
2.	C.N. Martianeze Coral Hotels 1		C.N. Martianeze Coral Hotels	<b>4:16.23</b>			
	WOLGESCHAFFEN FERNANDEZ, Soledad	29.08	1:01.21	SCARPA, Barbara	08	1:04.70	
	DIAZ PEREZ, Ainara	09	1:08.17	SOSA HERNANDEZ, Andrea Esthe	04	1:02.15	
3.	C.N. Los Cristianos 1		C.N. Los Cristianos	<b>4:17.46</b>			
	VICTORES DOMINGUEZ, Maria Carl	08	29.10 1:01.70	LAVANDERA ALTESOR, Josefina	10	1:06.92	
	MOURE GAO, Natalia	11	1:04.26	SAIZ PEREZ, Mar	08	1:04.58	
4.	C.B. Dominicas Vistabella 1		C.B. Dominicas Vistabella	<b>4:19.64</b>			
	ORTEGA GUTIERREZ, Eugenia	11	30.58 1:04.19	PIÑERO STEGENSEK, Elisa	08	1:07.04	
	GONZALEZ QUINTANA, Valeria	08	1:07.01	DUQUE BROUARD, Elena	10	1:01.40	
5.	A.D. Santa Cruz 1		A.D. Santa Cruz	<b>4:24.46</b>			
	HERNANDEZ SANCHEZ, Lara	02	30.99 1:04.27	CABRERA SUAREZ, Julia	09	1:05.88	
	DIAZ SUAREZ, Mariela	03	1:07.72	CALVICHE FERNANDEZ, Nazaret	87	1:06.59	
6.	R.C. Naut. Tenerife 1		R.C. Naut. Tenerife	<b>4:26.36</b>			
	IBAÑEZ MARTINEZ, Beatriz	12	33.46 1:10.54	DOBLE AFONSO, Elisa	00	1:03.85	
	DIAZ DE LOSADA BUJAN, Silvia	12	1:04.12	DELGADO BARDON, Alicia	07	1:07.85	



Prueba 22, Fem., 4 x 100m Libre, Absoluto Femenino

Clasificación

							Tiempo	Pts
7.	C.D. N. Bentacu-Laguna 1			C.D. N. Bentacu-Laguna			<b>4:28.50</b>	
	UHEROVA DIAZ-MASA, Carmen	12	31.14	1:06.89	PUIG CURBELO, Bella	14		1:09.00
	UHEROVA DIAZ MASA, Ivana	14		1:07.39	HERNANDEZ ALMENARA, Nerea	07		1:05.22
8.	C.N. Reales 1			C.N. Reales			<b>5:31.99</b>	
	HERNANDEZ GONZALEZ, Lydia	12	37.85	1:24.39	ROMERO LOPEZ, Leire	10		1:13.91
	PEREZ MARTIN, Claudia	11		1:25.20	PEREZ MARTIN, Paula	09		1:28.49